

Play 'Who am I?'

Outcome: When children are supported to make choices, they think differently with innovative ideas. Making their own choices will spark their imagination and creativity as well as being comfortable expressing themselves without judgement.

Materials Needed: Clothes, hats, cardboard boxes, props, fabrics, bags, additional materials of your child's choice.

How:

- Set up a dramatic play area with your child; have your child take the lead in choosing the materials.
- Encourage your child to add some clothes, bags, cardboard boxes, hats or whatever else they decide on.
 - The props help your child pretend to be any character they want (made up or already existing).
- You, as the parent or caregiver, are the assistant in this activity! Help your child think of different characters; encourage them to dress up and have you guess: "Who am I?"