

Curious about what benefits you qualify for? Norwood's Financial Empowerment Team can help!

Examples of benefits include:

- **Alberta Adult Health Benefit**
Health benefits for low income Albertans who are pregnant or need ongoing prescriptions.
- **Alberta Aids to Daily Living (AADL)**
Helps Albertans with long term illness or disability pay for medical equipment and supplies.
- **Alberta Child and Family Benefit**
Provides financial assistance to lower and middle income families with children under 18.
- **Alberta Child Health Benefit**
Covers health benefits for children in low income households.
- **Canada Workers Benefit**
A refundable tax credit for low income, working individuals and families.
- **Dedicated Accessible Transit Service (DATS)**
A door to door transit service for individuals unable to use regular transit due to disability.
- **Family Support for Children with Disabilities (FSCD)**
Supports families raising a child with disabilities through tailored services and cost coverage.
- **Funeral Benefits**
Helps eligible low income Albertans cover funeral costs when other funding isn't enough.

- **Green Sheild Prescription Plan**
Provides up to \$1000 annually in essential medicines coverage for Canadians without prescription drug coverage.
- **GST/HST Credit**
A tax-free quarterly payment that helps low to moderate income individuals and families offset the impact of sales tax.
- **Guaranteed Income Supplement**
Provides monthly payments to seniors receiving Old Age Security with low annual income.
- **Leisure Access and Ride Transit**
Helps low income Edmontonians get discounted or free access to city recreation and reduced cost transit passes.
- **Rental Assistance Benefit**
Long term benefit subsidizing rent for Albertans with low income.
- **Temporary Rent Assistant Benefit**
Short term subsidy for working households with low income or those between jobs.

and more...

