

Build a Block Tower

Outcome: Turn-taking is a skill that young children must master before they can move on to understanding the more complex concept of sharing. Learning how to take turns is essential for establishing friendships and navigating other relationships throughout life.

Materials Needed: A set of blocks (wooden, plastic or cardboard). You can also use

How:

Using blocks, take turns with your child to build a block tower.

- Set the first block in front of your child and invite them to add a block by saying: "Your turn."
- Acknowledge when your child adds their first block by pausing and saying: "Wow, you added a block!"
- You then add another block to the tower and say: "My turn."
- During this activity make sure to let the child know how much you enjoy taking turns and how proud you are of them.
- Encourage your child to let you know when your turn is next by asking: "My turn?" This will give your child a sense of empowerment and encouragement.

Extension: For older children, you can also teach turn-taking by using a timer and/or by playing a game of cards. Older children will understand the complexity of games like *Go Fish* and will have fun taking turns and laughing with everyone.