

## Play 'Follow the Leader'

**Outcome:** Children who are encouraged to take the lead in their play discover new information about the world around them. They can fully unleash their creativity and imagination, make decisions, and share their thoughts, ideas and feelings. Taking the lead builds confidence.

**Materials Needed:** Pans, saucepan lids, scarves ribbons and music.

### How:

- Give your child a variety of pans, lids, wooden spoons, etc., to use as a drum kit or whatever else they think of.
- Add some scarves and ribbons.
- Ask your child what favorite song they would like to play.
- Encourage your child to come up with some new dance moves or actions, and follow their lead. For example, ask your child what you should do with the pan and follow the instructions they give you.
- If your child tells you to attach a ribbon on your forehead and a scarf on your shirt, follow their lead!
- For non-verbal or younger children with limited vocabulary, copy their actions; for example, if your child puts a pan on their head, claps their hands, and starts marching, do the same.