

## Create Tape and Paint Designs

**Outcome:** This activity will help your child develop fine motor skills such as control, pincher grasp (using fingers), palmer grasp (using the whole hand), dexterity, manipulation, and hand-eye coordination by sticking and peeling tape, holding the paintbrush and moving their hand around the paper while they paint.

**Materials Needed:** Construction or plain white paper, painter's tape, multiple paint colors, paint brushes. *Optional Extension Materials:* Q-tips, toothbrushes, combs, hair rollers, etc.

### How:

- Encourage your child to place multiple pieces of tape onto their paper.
- Have them paint one or more colours—however many they like—over the tape and onto the paper. Allow your child to create any design they want!
- Let the paint dry.
- Help your child remove the tape to reveal their work of art!

**Extension:** You can extend this activity by using different tools such as q-tips, toothbrushes, combs, hair rollers, etc, to paint. Using different materials allow your child to play with various sized items and strengthen the small and large muscles in their hands and fingers.