

## Play Peek-a-Boo

**Outcome:** As you play peek-a-boo with your child you are helping them to understand the concept of object permanence—that when things disappear, they are not gone forever. This game is a great way to develop a stronger bond with your child. They gain a deeper understanding that people and objects continue to exist even when they are out of sight.

**Materials Needed:** Any items you can use to hide your face such as a blanket, bow, paper, book, towel, or even your hands!

### How:

Play 'Peek-a-Boo' with your child to help them understand object permanence.

- Cover your face with your hands, then remove them to show your face and say "peek-a-boo."

You can also play by hiding behind a small towel.

- Hold the towel in front of your face and call your child's name. As soon as they touch the towel, drop it and say "you found me!"
- As you play this game with your child, they will start to realize that even when your face is covered, you remain in the room and still exist—you are just hidden.