

Play 'Pass the Milkshake'

Outcome: This activity helps children understand the concept of sharing. Sharing prepares children to learn to compromise and be fair as they get older.

Materials Needed: An empty plastic water bottle, buttons, water, and any other small loose items you would like to add to the bottle to make music.

How:

Use the bottle to make music, then pass it along to another child so they can make music, too.

- Fill the plastic water bottle with the materials of your choice: buttons, beads, rocks, water, etc.
- Take the plastic water bottle and sit in a circle with your child or group of children.
- Have the children pass the bottle to each other while singing a 'milkshake song,' like this:

"Shake it (child's name), shake it, shake it like you can, shake it like a milkshake and pass it to your friend."